**Minimalist Living: 10 Ways to Do It Right**

Minimalist living has been proven to have numerous benefits but perhaps the biggest one is that it simplifies your life. That one reason alone is encouragement enough to adopt a minimalist lifestyle. If you're considering minimalist living or are already practicing it, use these 10 tips to make it lasting and sustainable:

1. **Invest in top quality**

When you need to buy something new, make it a rule never to skimp on quality. Minimalist living isn't about saving money as much as it's about simplifying your life.

Top-quality brands, especially when it comes to household appliances will actually save money and hassle in the long run because they last longer and require less maintenance.

1. **Simplify your finances**

A minimalist lifestyle is going to save you a lot of money. But it could complicate your finances if you branch out into different directions with your savings, such as an online business or various investments.

Keep your investments simple and don't diversify too much in order to easily stay on top of everything.

Additionally, organize your income into a good budget, a savings account and an emergency fund. This is really all you need to easily monitor and control what's coming in and going out.

1. **Keep your home clutter-free**

When you start living minimally, the first step is to thoroughly declutter and streamline your home. But the key is to stay clutter-free and not allow stuff to start accumulating again.

Purchase new things only if you need them and not because they're on sale or look like they'll come in handy one day. Secondly, make a tour of your home once a month to catch and remove any superfluous items that are cluttering a corner, shelf or cupboard. Don’t forget to do the same for closets!

1. **Wean yourself off of technology**

Do a digital detox once a week and in the meantime, limit your use of social media, gaming and other digital activities that needlessly overstimulate the brain and raise stress levels.

1. **Get out of toxic relationships**

Minimalist living is about bringing value and meaning into your life. This includes focusing on healthy, loving relationships that bring you those things. Toxic relationships should have no place in your life.

1. **Get rid of duplicate items**

Why do so many people own two cell phones or even three these days? And why does the typical home now contains TV screens or computers in numerous rooms? This is the antithesis of minimalist living.

Get rid of duplicate items and gadgets in your home to simplify your life further. You'll soon find that you can easily live without them.

1. **Simplify your workspace**

Extend your minimalist lifestyle to your office by decluttering and streamlining. Tidy and organize drawers and shelves, making sure everything has a designated space and is easily accessible. Your desk surface should be bare except for bare essentials like a computer and phone.

A streamlined office not only simplifies your day and makes you more efficient, but it also makes you look organized, in control and professional – the best recipe for career advancement!

1. **Simplify your wardrobe**

Keep your wardrobe simple with not too many items of good clothing that can be mixed and matched. Red, gray, black and white are excellent color choices that will simplify your style while giving it variety.

Never skimp on clothing and always buy the best quality materials, especially for shoes and bags. They'll last forever and always look great.

1. **Avoid useless conflict**

Conflicts have a way of escalating and turning our lives into a chaotic, stressful mess. Preserve your sanity and your simple, peaceful lifestyle by avoiding needless conflicts and arguments whenever you can. Sometimes, compromise can be better for you in the long run.

1. **Plan your day**

You don't need detailed to-do lists or complicated schedules to manage your time well. Loosely plan your day the night before, listing 3-4 priorities that you need to tackle and get out of the way.

Be realistic and don’t pile on tasks that you won't be able to complete. Keep your schedule simple, noting only important meetings and appointments and schedule everything else around those.

**Conclusion**

In an age of distractions, trivial temptations and shallow relationships, minimalist living is hailed as the lifestyle of today and the future. And it's not hard to see how getting back to the basics can hugely simplify your life.

So, if you choose minimalist living, do it the right way by considering these 10 tips. They're guaranteed to help you throve with less, keep it simple and sustain your minimalist lifestyle.