**7 Minimalist Lifehacks That Will Simplify Your Life**

Minimalism means living with less but more specifically, living better with less. A simpler lifestyle with fewer attachments to material possessions and social pressures liberates you to find yourself and achieve your greatness.

The goal of minimalist living is to bring simplicity into your life. Here are 7 powerful life hacks that will do exactly that:

1. **Distinguish between need and want**

The first question a minimalist asks before buying something is. "Do I need it or do I want it?" Do you really need that state-of-the-art TV or do you want it because all your friends have one? Do you really need that shirt when you already have enough clotting or do want it because you like the color?

Discerning between need and want is the essence of minimalist living. The idea is to live simply but well with essentials. As you solidify the mindset, you'll find it much easier to resist unnecessary wants and buy only what you really need.

1. **Reflect on value**

There's nothing wrong with wanting to own a lot of nice things but what value does having 20 pairs of shoes really bring to your life? Is struggling to earn more and buy more your real purpose in life?

Reflecting on value opens your eyes to the madness of our modern-day culture, where materialism is king and shallowness is the norm. Minimalist living allows you to reflect deeply on the things that really matter.

Your life becomes simpler and tremendously rewarding as you put your time and effort into value – your own value above all. This includes relationships, self-improvement, spiritual growth and worthy causes among other things.

1. **Put quality over quantity**

Minimalism curbs your spending because you buy only what you need. However, you should never opt for cheap. Never fall for the 'buy two, get one free' offer. Minimalism is about living better with less but not with cheaper.

Always opt for great quality because quality looks good, lasts longer and saves time and effort on maintenance. One great high-quality item such as a coat or piece of furniture is always the better option. And because, you're not spending as much, you can most likely afford it.

1. **Invest in experiences**

As you become liberated from material possessions, you naturally buy less. The next step is to put the money you save into experiences rather than things. Travel, education, self-improvement, advocating for causes you're passionate about… these are the things that bring real value.

While material possessions are temporary, experiences create wonderful lifelong memories and self-growth.

1. **Learn to hate clutter**

Clutter is the arch-enemy of minimalist living. Once you've decluttered and simplified your home, never allow clutter to start accumulating again. Keep those surfaces clear and those cupboards and drawers organized!

This isn’t very hard to do because once you've experienced the calm and peace of a spare simple living space, you'll naturally come to hate clutter with a vengeance!

1. **Reflect on the bigger picture**

Reflect regularly on your purpose in life. Think about your place in the bigger scheme of things, which is very insignificant indeed. Reflect on the time we have on this earth, which is very short indeed. This further simplifies your life by liberating you from all that is shallow and trivial.

This mindset shift drives you to more strongly pursue value and find your greatness in order to leave your mark, however small, to make the world a better place.

1. **Embrace simplicity**

Look for simplicity in all that you do. Learn to find enjoyment in the uplifting and enriching. Spending quality time with family and friends, spending time in nature, replacing technology books with books or cooking simple meals… always look for opportunities to fill your life with simple pleasures like these.

**Conclusion**

Minimalist living creates a mindset that changes you from the inside out. In a nutshell, it liberates you from that's needlessly complicating your life. The result is the realization that you can live a much more meaningful and productive life with less.

Use these 7 Lifehacks to help you tap into your real value and potential and help you sustain a minimalist lifestyle for the rest of your life.